## Clear Creek ~ Gilpin academy of martial arts Newsletter for winter 2019:

<u>Saturday, November 16</u>. Senior Living Talent show/dinner. Gilpin County School auditorium. The Dinner/Silent Auction starts at 5:30 and the Talent Show at 7. Be there no later than 6:30pm.

*Tuesday, November 12<sup>th</sup>*: Mock test, during regular classes.

Thursday, November 28th: no classes due to Thanksgiving holiday. Also, no classes at CCMRD 11/07 & 11/14

December 7<sup>th</sup>, Saturday: Holistic Health fair at GCCC. 11am-5pm. Do we want to have a booth? A demo?

December 10<sup>th</sup>: Breaking class. Required class, please make arrangements with your instructor if you cannot make it, you will not test otherwise. \$25.00 (\$10.00 for kinder kickers) testing fee due at this time. If paid late the fee is \$30.00 and it must be in cash. Please make sure your belt is clean so that it can be used for the next person testing for your rank. I have to pay for certificates and belts prior to testing, if you do not pay me for testing, and then do not show up to test, I lose money.

*Friday, December 13<sup>th</sup>*: Black belt testing. Location to be determined.

<u>Dec. 14 & 15</u>: Winter Arts Festival: We will have a booth for handing out fliers, doing some self-defense, answering questions on the 15<sup>th</sup>. We will also be doing a demo. Time to be determined.

<u>Saturday, December 14th</u>, Testing at the Lakewood Link, noon, be there at 11:30 in order to stretch and run through your things once. CLEAN white uniform is required. No t-shirts.

<u>December 23<sup>rd</sup> – January 5<sup>th</sup></u>: no classes due to winter holidays. Classes will start back up on Tuesday January 7<sup>th</sup> at CCMRD and GCCC and January 11<sup>th</sup> at Evolution. Please take these days to attend a class in Lakewood or Green Mountain.

Master Beasley will be gone all of January and a portion of February. Please make sure you watch the website for updates. No classes CCMRD on Thursdays, No classes GCCC on Tuesdays, unless we find a substitute, or someone would like to take over.

Additional Information Students Need to Know: Advanced class at the Link is on the first and the 3<sup>rd</sup> Saturday of the month, 10:30-noon.

Mrs. Rich is teaching mat Pilates at 7 Healing Stars by appointment only. If you would like a class it is \$10.00 and you can choose what works for your schedule. Evolution Martial Arts classes (Pilates and TKD) are \$20.00.

Please check out Mrs. Rich's website: **http://imyfit.gilpincounty.net/** if you have photos, videos, or even an article you would like to post on our website, please pass it on to Steve Schwettman.

What rank is Chris Colle? What was the title of his black belt paper?

MAMA website: <a href="http://mountainacademymartialarts.com/">http://mountainacademymartialarts.com/</a> Mrs. Rich: 303-582-5427, cell 303-517-4898, (imyrrich@yahoo.com). Mr. Beasley: 303-582-1201 (jim.beasley@ionsky.com). CCMRD: 303-567-4822. GCCC: 303-582-1453. Lakewood Link Recreation Center: 303-987-5400. Evolution Martial Arts Studios, <a href="http://evo-martialarts.com/">http://evo-martialarts.com/</a>, 7456 W 5th Ave, Lakewood, CO 80226, Dom Blum: Telephone: (720) 940-5883, dblum@evo-martialarts.com. Please feel free to contact any one of us at any time, or give our #'s out to your friends who have questions. For Mrs. Rich's Black Hawk classes: <a href="https://www.7healingstars.org/">https://www.7healingstars.org/</a>. 460 Gregory St, Black Hawk, CO, 80422.